

Charles Parker, DO

Child, Adolescent & Adult Psychiatrist

Residence: Camden, ME

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REMOTE CONSULTATIONS

- LifeStance Remote: Norfolk, VA, 2 days/wk. 9-20/4-21, moved from VA. Last patient seen 4/21 prior to move – all outpatients.

INPATIENT TEAM EXPERIENCE

- 8/17-4/19 Barry Robinson Center, Norfolk, VA, Provider/Program Medical Team Development, Child/Adolescent Residential Care on site & aftercare
- 3/92-10/94 Clinical Director, The Recovery Place, Va. Beach Psychiatric Center Inpatient, Virginia Beach – Substance Abuse – Left to develop PSA outpatient in Va. Beach.
- 3/90-11/92 Executive Medical Director; Peninsula Psychiatric Hospital Hampton, VA | *Owned by HCA, employed from '81 – Upon inquiry: documentation not available from HCA – [payroll records go back only 10 yr.] Source work for essential self-management, my book listed below: *Deep Recovery*.
- 2/87-7/88 Medical Director, Perspectives: VA Impaired Professionals @Peninsula Hospital, In & Outpatient, Hampton, VA | *HCA-Peninsula Hosp.
- 5/87-3/90 Medical Director: Dependency Programs, *HCA Peninsula Psychiatric Hospital - Inpatient, Hampton, VA
- 5/81-8/87 Clinical Director, Adolescent Inpatient Psychiatry, Peninsula Hospital, *HCA, Hampton, VA – [HCA: '81-'92 excellent, multiple program developments]
- 3/80-5/81 Chief Medical Officer: opened both Adolescent & Adult Inpatient Services, Norfolk Psychiatric Center, Norfolk, VA – It was successful & sold, moved to HCA.
- 6/74-5/80 Staff: Center Psychiatrists, In & Outpatient
Portsmouth Psychiatric Center, Portsmouth, VA - It closed ~ '92

OUTPATIENT EXPERIENCE

- 3/81-10/19 Medical Director, Parker, Schlichter & Assoc., [previously Eastern Va. Psychiatric Assoc.] - Closed that practice 10/19
- 5/03-11/07 Chief Psychiatrist, Amen Clinic, DC, SPECT Functional Brain Imaging, three days/week, Reston, VA
- 1/80-5/81 Community Services Boards, Va. Beach & Chesapeake, VA

MEDICAL EDUCATION

- 6/72-6/74 Child & Adolescent Psychiatry Fellowship - Chief Resident Drexel Medical College and Hospital, Philadelphia, PA
- 6/70-6/72 Adult Psychiatry Residency Albert Einstein Medical Center, Philadelphia, PA
- 11/69-6/70, General and Rotating Psychiatric Intern - Albert Einstein Medical, Phila., PA | PDF Explanation link: No-Gap <http://corepsych.com/no-gap>
- 6/69-11/69 Haverford State Hospital, a DO Psych Residency - I transferred for better training to Albert Einstein – [APA changed the rules for DOs for AMA residencies ~ 10-69]
- 6/68-6/69 Medical Internship, DO Metropolitan Hosp. Grand Rapids, MI
- 9/64-6/68 Philadelphia College of Osteopathic Medicine, Philadelphia, PA

UNDERGRADUATE & HIGH SCHOOL

9/60-6/64 BS, Major Biology, Minor English - Westminster College: Fulton, MO.
9/58-6/60 Culver Academy, Culver, IN, High School
1958 Eagle Scout | 1958 God and Country Award – Boy Scouts of America

BOARD & Other CERTIFICATIONS

American Brd of Psychiatry & Neurology, Adult Psychiatry, #14307- 10/75-current
American Brd of Psychiatry and Neurology, Forensic Psychiatry #565
6/98-6/08, 10 years, Inactive now
American College of Forensic Examiners; Forensic Examination, #10124
03/97-03/07, 10 years, Inactive now
American Society of Addiction Medicine: 6/92 – 6/02 - 10 years, Inactive now
FEMA Cert. ICS-100c, 4/20 | Basic Life Supp. 8/19 | SAMHSA, Opiate MAT, Cert 9/19

LICENSED

3/16 - Current: California Board of Medicine: 20A11149
2/22 – Current: Virginia Board Renewed: 0102026059
11/19 - Current: Maine Board of Osteopathic Licensure: DO2981
5/03 - Current: Nuclear Regulatory Commission [NRC]: Management of Radioisotopes for Brain Imaging, Nuclear Medicine, in compliance with 10 CFR 35, by Medical Licensing U.S., NRC License: 45-30881-01, NRC Certified as an Authorized User for Radioactive materials.

PROFESSIONAL ASSOCIATIONS

American Psychiatric Association, #030415, Life Member

MEDICAL STAFF AFFILIATIONS

3/80-9/19, Virginia Beach General Hospital – Retired from active 9-19

FORMER TEACHING

9/03-6/04-Visiting Professor, Dept. Psychiatry, Naval Reg. Med. Center, VA
09/87-6/92 Instructor: Eastern Virginia Med. School, Psychiatric Residents
3/93-6/95 Instructor: "Identification & Management of Behavioral Problems in the Classroom" Old Dominion University, Norfolk, VA
6/74- 6/80 Instructor: U.S. Navy Dept. of Psychiatry, NRMCMC Portsmouth, VA
T-Group therapist for all psychiatric residents
9/92 – 9/13 – Teaching ~20+ yrs. RE: Pharma precision nationally: Five Companies
Medications: Depression, Mood, ADHD | Source work for current problems with diagnosis, treatment of ADHD, book below: *New ADHD Med Rules*

BOOKS

- *Deep Recovery: How to Use Your Most Difficult Relationships to Find Out Who You Are* - Hawkeye Press, 1992 (2nd Ed) Amazon: <https://amzn.to/32c5HTs>
- *New ADHD Medication Rules: Brain Science and Common Sense* – (3rd Ed), Koehler Books, 2012. Amazon: <https://amzn.to/38QvKRg>

JOURNAL ARTICLE

- Parker, NW, & Parker, CE, Case Report: Trichotillomania - Apparent CYP2D6 interaction with amphetamine and paroxetine, *J. Primary Psych*, Sept '05