

CoreBrain: Details Matter

Solutions: ADHD & Beyond

Biomedical Insights: Cognition & Brain Function -
Molecular Measures Add Treatment Targets



As long as you live, keep learning how to live. - *Seneca*

The CorePsych Plan

With every consult and every interview, I love to lock down insightful details that can improve treatment on many levels, from parent and adult patient training to specific training/learning for our child and adolescent patients so they can better envision who they wish to become. Self-management evolves with that respectful, encouraging and informed intervention process. This review will set a foundation to reach those objectives.

It's my strong opinion that all of us must live on a growing curve, a learning curve, to constantly review and improve both target recognition – our inarguable emotional and

self-management objectives - as well as our biological needs from nutritional, to stress-management, to exercise. Comprehensive diagnosis and treatment is my personal and corporate mission. Reality matters. Details matter.

Today we live in a Galileo Mind Moment with abundant new technologies that provide improved answers for psychiatric treatment failure on many levels, yet so often denial rules the day because treatment standards are based on superficial appearances. Technology takes us from the seen to the biomedical unseen. <http://corebrainjournal.com/galileo>

With remarkable new telescopes, we can see an improved treatment universe. Bringing everyone onto the team can be complicated by time and distance so we make a special effort to set methods of feedback and education from the outset. I do work in the context of a good company. These Critical Thinking Experts agree on the absolute necessity for evolved thinking: <http://corebrainjournal.com/critical>

My experience in a brief Biography: <http://corebrainjournal.com/bio>

CorePsych Treatment Information Resources

- Biomedical Tests I have routinely used for years at CorePsych for treatment failure - with video explanations of each test: <http://corepsych.com/tests>
- Why IgG: Video explanations for food sensitivities that interfere with treatment accuracy/effectiveness, remain a source of denial – except for Dr. Fasano at Harvard: <http://corepsych.com/gi> | <http://geni.us/fasano>
- Video explanations on evolved Cognitive, Executive Function Diagnosis beyond the guesswork of appearances with “ADHD:” <http://corepsych.com/diagnosis>
- Essential: video explanations on medication dosage for ADHD meds: <http://corepsych.com/dose>
- Parker YouTube Channel - over 300 Tutorial videos: <http://www.corepsych.com/youtube>

CoreBrain Journal Information Resources

My mission at CoreBrain Journal – CBJ - For helpful interviews with more than 250 professionals on multiple medical/psychiatric issues, & listeners in 105 countries:

<http://corebrainjournal.com/mission> - Subscribe here for updates on these training options, and share with interested friends and colleagues.

- An important page we recommend at CBJ that provides a direct connection to our work with children and adolescents with decades of expert child and adolescent treatment experiences is easily available here: <http://corebrainjournal.com/teens>
- For anyone searching for improved MINDSET coping strategies: <http://corebrainjournal.com/mindset>
- Informed laboratory testing reveals underlying somatic, body imbalances beyond using only medical interventions for previous treatment failure. Multiple experts agree on how and why: <http://corebrainjournal.com/testing>
- Walsh: An example of our interesting work with Dr. William Walsh on Methylation & Molecular Physiology for Multiple Treatment Failures: <http://corebrainjournal.com/115>
- OATS: Organic Acid Testing Interview - <http://corebrainjournal.com/215>
- Candida: An illuminating discussion of Candida findings regarding diagnosis & treatment failure: <http://corebrainjournal.com/097>
- Veterans are frequently misdiagnosed: <http://corebrainjournal.com/vets>
- I regularly provide second opinions after SPECT brain imaging from Amen Clinics, as our laboratory molecular and cellular data is more cost-effective and provides *additional* accurate, targeted information. I can both read SPECT scans and report on cellular details using molecular physiology in addition to the SPECT findings of regional blood flow.

ADHD & Autism Prep

- For Multiple Autism Spectrum Experts - Insightful Interviews at CBJ: <http://corebrainjournal.com/autism>
- Parker Video regarding ADHD & Executive Function as related to Autism Spectrum Disorders from his presentation at *The Autism Global Summit* in may 2018: <http://corebrainjournal.com/ars-video>

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- Expert Commentaries - Highly Recommended: *The Autism Global Summit*:
<http://www.corebrainjournal.com/autismglobalsummit>

Training and Follow-Up To Improve Your Plan

This is a start. It takes a team, so please review the specific topics of interest so you can become prepared for the multiple new concepts and intervention possibilities. New targets create a different language beyond appearances. Learning that language will enhance effective communication for improved, participatory medical management. Together we can make a difference. Sign up here with updates for our evolved teaching modules on multiple topics: <http://corebrainjournal.com/adhd101>

Administrative Notes

- Please *keep this PDF* for your records – you can download and print an evaluation outline in PDF at <http://corebrainjournal.com/evaluation>
- Direct connections with our Patient Care Coordinator: Desiree - Email: desiree@corepsych.com - or phone: 757.524.0268
- After our initial evaluation, we will make plans for follow-up through our team at <http://corepsych.com/appointments> - Local, national or international.
- If indicated this link will help with CoreNutrient Protocols in PDF: <http://corepsych.com/cnp>
- Follow-up Plan for CoreNutrients - Download in PDF: <http://www.corepsych.com/follow-up>
- CoreNutrient Dispensary Connection: <http://corepsych.com/dispensary>

After A CorePsych Consult: Follow Up Questions

1. At CorePsych we work to answer **Simple Yes or No Questions** almost immediately – at least that day - through our timely team connections. 2. **Single Questions** that require a *single explanation/clarification* we request that you set a specific time for a brief, personal ‘Follow-Up’ – 15 min. 3. **Multiple Questions** with two or more variables require a minimum of 30 minutes to discuss the complexity. Structure questions for efficiency with time.