

# COREBRAIN TESTS

NEUROSCIENCE EVIDENCE CHANGES THINKING  
DR. CHARLES PARKER – UPDATE 210210

## Why Test – Psychiatric Treatment Failure | Comprehensive Diagnosis

Treatment failure, assuming reasonable treatment participation, *always means we're missing specific biological details*. Mind problems that don't respond well to medication treatments do strongly encourage more biomedical, more fundamental testing – better data to exactly measure brain and body challenges. **Note:** These useful laboratory tests are all nationally approved by [FDA](#) & [CLIA](#) Laboratory certification. Search for testing expert interviews by the numbers at **CoreBrain Journal** here at iTunes: <http://corepsych.com/cbj>

Testing reveals underlying medical complexity, often on a molecular level - while *not testing* defaults treatment to a process of ongoing speculation based upon appearances. Today guesswork is out. Data is in. Our mission at CoreBrain Tests: to improve both your diagnostic and treatment process with real numbers.

## Mutual Expectations

We fully expect additional testing to provide additional answers, or we wouldn't suggest them. Nothing is perfect, certainly not in medicine, and as a further means to encourage your search we *don't upsell any testing* in our CorePsych offices. I provide interpretation and interventions based upon your specific test results. Supplements in our office are optional, your choice. If they are indicated, you can purchase them through a discount at our CoreNutrients <http://corepsych.com/nutrients>. You may also request your lab data without using our interpretation - that's also not a problem. We're here to help any way we can. CoreNutrients provides considerable additional info and follow-up structure to use the supplements we recommend.

Medical problems that modify brain function often respond to more advanced – targeted nutrition intervention strategies – about 70% of the time within several weeks, 90% improvements occur given more time and targeted follow up.

For depression, anxiety, mood disorders, ADHD, developmental delays, PMS, Asperger's or Autism Spectrum, or any puzzling, chronic psychiatric condition these testing options provide additional insights for your underlying biomedical mind process. For several interesting interviews with Dr. Walsh, an internationally acclaimed testing expert and molecular physiologist, listen to use discuss these insights at CoreBrain Journal/115 [CBJ/115 - Numbered by each episode on iTunes]

**Note: Insurance Reimbursement for testing – Ask Your Insurer to Confirm Often-Covered Codes:** \*BC-BS, \*\*Champus/Tricare, \*\*\*Medicare

1. For **IgG** Immunoglobulin G Food Sensitivities at *Great Plains*: \*/\*\*/\*\*  
*Blood*. To start, listen to CoreBrain Journal/005 - Dr. Osborne

- Great Plains Labs Test: gluten, casein, eggs, yeast/candida \$219  
[http://www.greatplainslaboratory.com/home/eng/food\\_allergy\\_igg.asp](http://www.greatplainslaboratory.com/home/eng/food_allergy_igg.asp)

- These Video Explanations Connect IgG/IgE, immunity measures, treatment failure: <http://corepsych.com/gi> | Dr. Fasano, Chief of Peds-GI at Harvard, his book: <http://geni.us/fasano> - *Gluten Freedom* on research findings, IgG testing.
2. For **Walsh Protocols** Trace Elements and Pyrroles: *Direct Health Care Metabolic Panel* - \$120 \*/\*\*/\*\* and 296\$ if out of pocket. *Blood and Urine*. Videos & instructive posts on Walsh Protocols by Dr. William Walsh: Multiple Interviews at CBJ/115 as noted above & also: <http://corepsych.com/walsh-vids>
    - PDF *Brief Summary* of Walsh book *Nutrient Power* in these useful 5 pages: <http://corepsych.com/walsh-how>
  3. For **OAT** [Organic Acid Test] *Great Plains Laboratory* | GPL - \$299 \*/\*\*/\*\* *Urine*.
    - Video on Detailed Measurement with OATS: Organic Acid Testing: <http://vimeo.com/41993293>
    - Candida Test Results found on OATS Explained: <http://www.greatplainslaboratory.com/home/eng/candida.asp>
  4. For **Toxins: Comprehensive Testing** - *Urine* - Webinar - The GPL-TOX –Woeller <https://vimeo.com/195044106> | Dr. Shaw Interview: CBJ/125
  5. For **Mold & Mycotoxins** – *Urine* – GPL MycoTOX Video Webinar – Dr. Pratt-Hyatt <https://vimeo.com/234871648> | CBJ/190 is his explanatory interview.
  6. For **TMA** [Tissue Mineral/Metals Analysis] *Trace Elements Labs: Hair*:  
References for the value of TMA: - \$51
    - Dr. Malter explains TMA: CBJ/026
    - <http://www.traceelements.com/EducationalResources/HTMA.aspx>
  7. For **Genetic Testing**: MTHFR, CYP450: <http://corepsych.com/gt> *Mouth swab* cost varies according to insurance support. We use GeneSight Labs.
  8. For **Parasites: Comprehensive Stool Analysis** – Stool: Video Explanation here: <https://vimeo.com/41304164>
  9. For **Neurotransmitters** [Neurotransmitter/NT References]: \*\*~ 200\$ *Urine*
    - Multiple References PDF: <http://corepsych.com/neurotransmitters-urine>
    - Urinary NT Testing *Labrix*: <http://corepsych.com/nt-testing>
  10. For **Hormones**: *Labrix Clinical – Saliva*
    - Multiple references and examples: ~ Prices vary by test recommendations. <http://corepsych.com/hormone-testing>
  11. **Yeast/Candida/Biofilm** Multiple Downloaded Information Resources
    - For 2 Yeast/Candida Questionnaires, Videos, Biofilm & *Candida Diet* Links: <http://corepsych.com/candida> | <http://corepsych.com/biofilm>
- PDF Transit Time Tool** Download & evaluate basic GI Function per Mayo Clinic: <http://corepsych.com/ttt>

> **Download This Handout in PDF For Live reference Links** – Or To Share These Instructions in PDF: <http://corepsych.com/tests>